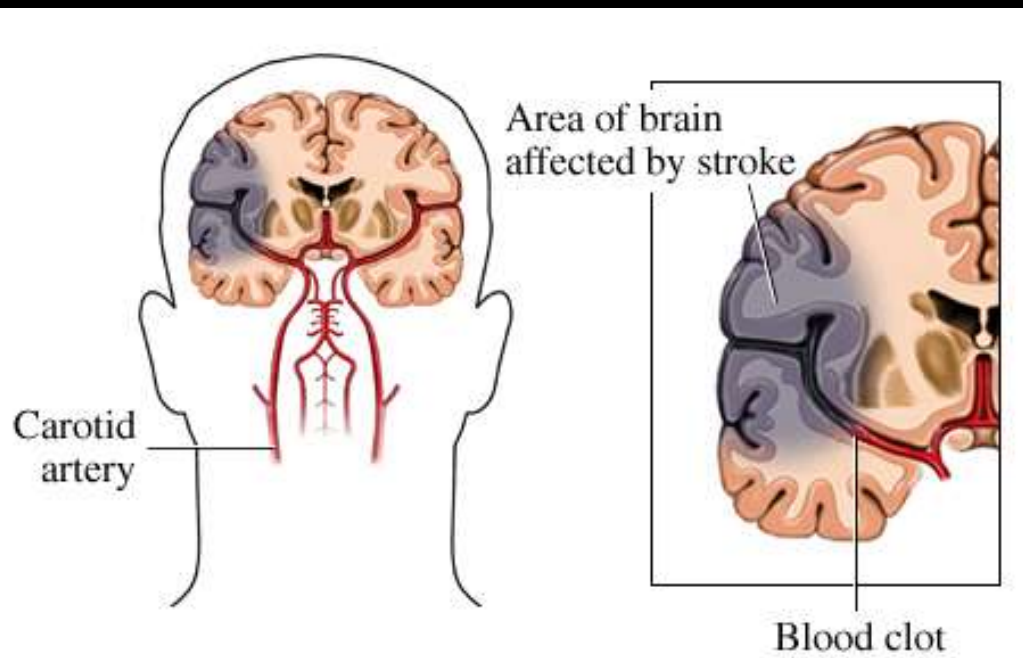


M E N G E N A L S T R O K E

T i m S t r o k e R S B e t h e s d a
Y o g y a k a r t a

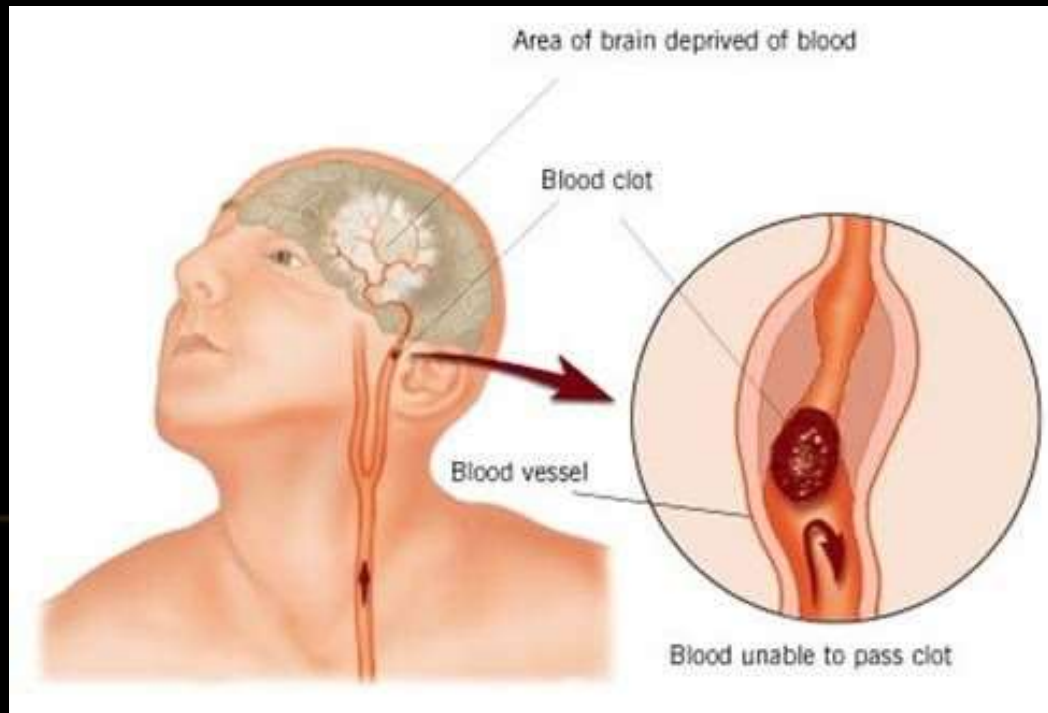
A P A K A H Y A N G D I M A K S U D S T R O K E ?

- G a n g g u a n f u n g s i o t a k a k i b a t g a n g g u a n p e r e d a r a n d a r a h o t a k



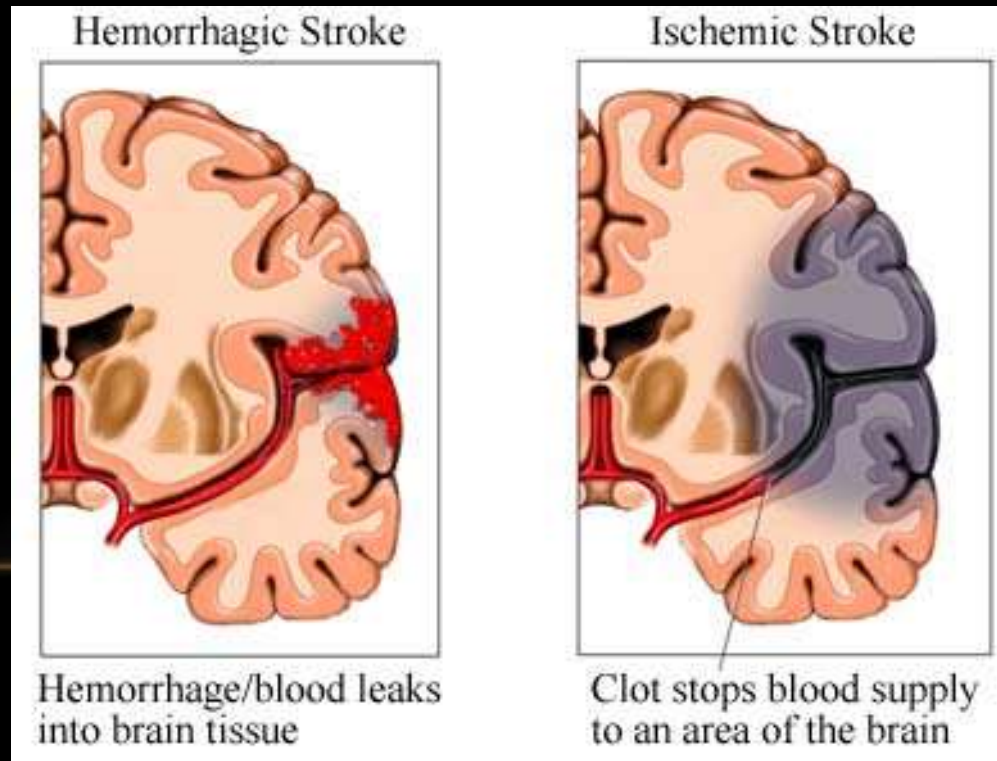
O R G A N A P A Y A N G T E R G A N G G U ?

- O t a k , s e h i n g g a m e n y e b a b k a n g a n g g u a n f u n g s i o t a k



J E N I S S T R O K E

- S t r o k e s u m b a t a n d a n s t r o k e
p e r d a r a h a n



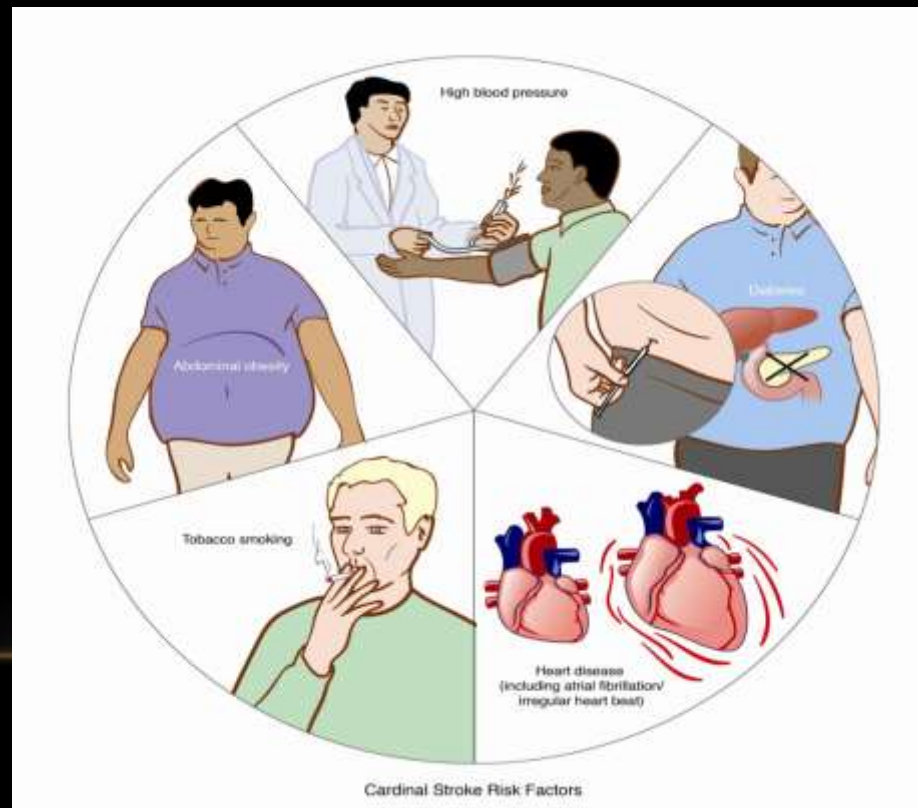
S I A P A S A J A Y A N G T E R K E N A S T R O K E ?

- S e m u a o r a n g d a p a t t e r k e n a s t r o k e ,
n a m u n l e b i h s e r i n g d i u s i a l a n j u t



M E N G A P A T E R K E N A S T R O K E ?

- K a r e n a m e m i l i k i f a k t o r r i s i k o s t r o k e



A P A S A J A F A K T O R R I S I K O S T R O K E ?

- Y a n g t i d a k d a p a t d i u b a h
- Y a n g d a p a t d i u b a h



FAKTOR RISIKO YANG TIDAK DAPAT DIUBAH ?

- U s i a
- J e n i s k e l a m i n L a k i - l a k i
- R i w a y a t k e l u a r g a
- R a s



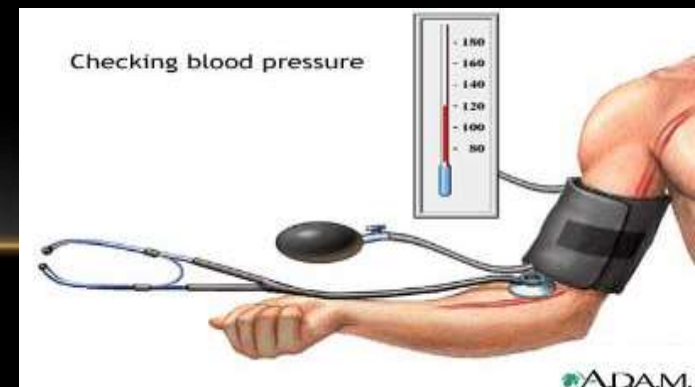
Y A N G D A P A T D I U B A H ?

- H i p e r t e n s i
- M e r o k o k
- D i a b e t e s
- K o l e s t e r o l t i n g g i
- G a n g g u a n j a n t u n g
- K e g e m u k a n s e n t r a l



H I P E R T E N S I D A N S T R O K E

- H i p e r t e n s i m e r u p a k a n f a k t o r r i s i k o s t r o k e u t a m a
- D i k a t a k a n h i p e r t e n s i b i l a T D > 1 4 0 / 9 0 m m H g



M E R O K O K D A N S T R O K E

- M e r o k o k m e n i n g k a t k a n r i s i k o s t r o k e 2 - 3 k a l i l i p a t



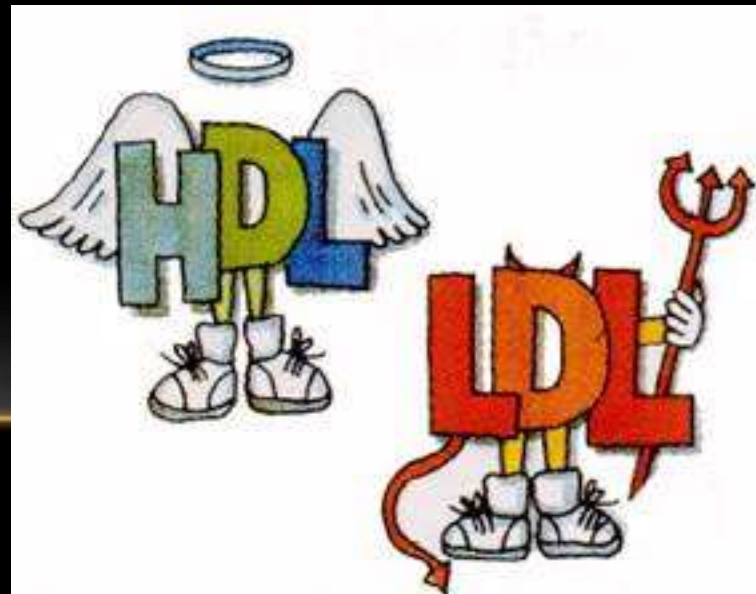
D I A B E T E S D A N S T R O K E

- M e n i n g k a t k a n r i s i k o s t r o k e 2 - 3 k a l i
l i p a t



K O L E S T E R O L D A N S T R O K E

- M e n i n g k a t k a n r i s i k o s t r o k e 2 - 3 k a l i l i p a t
- K o l e s t e r o l L D L d a n H D L



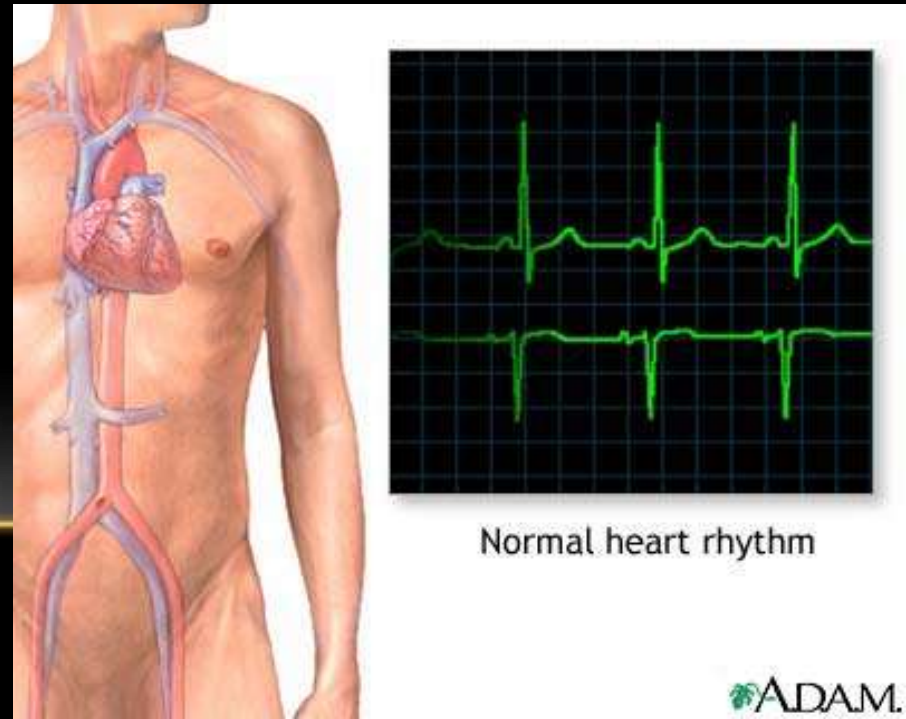
O B E S I T A S D A N S T R O K E

- L i n g k a r p e r u t > 8 0 c m p a d a p e r e m p u a n d a n > 9 0 c m p a d a l a k i - l a k i m e n i n g k a t k a n r i s i k o s t r o k e



G A N G G U A N J A N T U N G D A N S T R O K E

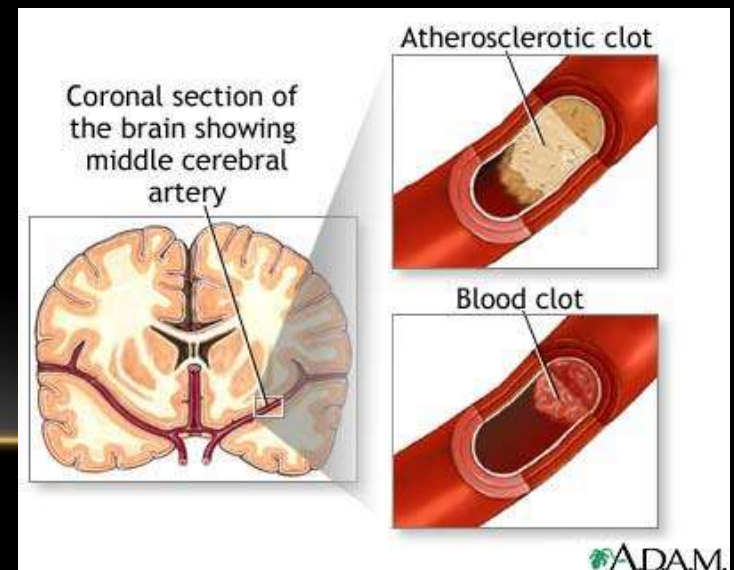
- G a n g g u a n i r a m a j a n t u n g m e n i n g k a t k a n r i s i k o s t r o k e 5 k a l i l i p a t



Normal heart rhythm

G E J A L A S T R O K E

- T e r j a d i a k i b a t g a n g g u a n f u n g s i o t a k
- T e r g a n t u n g b a g i a n o t a k y a n g t e r k e n a



G E J A L A S T R O K E

- W a j a h p e r o t m e n d a d a k



G E J A L A S T R O K E

- A n g g o t a g e r a k l e m a h m e n d a d a k



G E J A L A S T R O K E

- T i b a - t i b a t i d a k s a d a r



G E J A L A S T R O K E

- N y e r i k e p a l a h e b a t



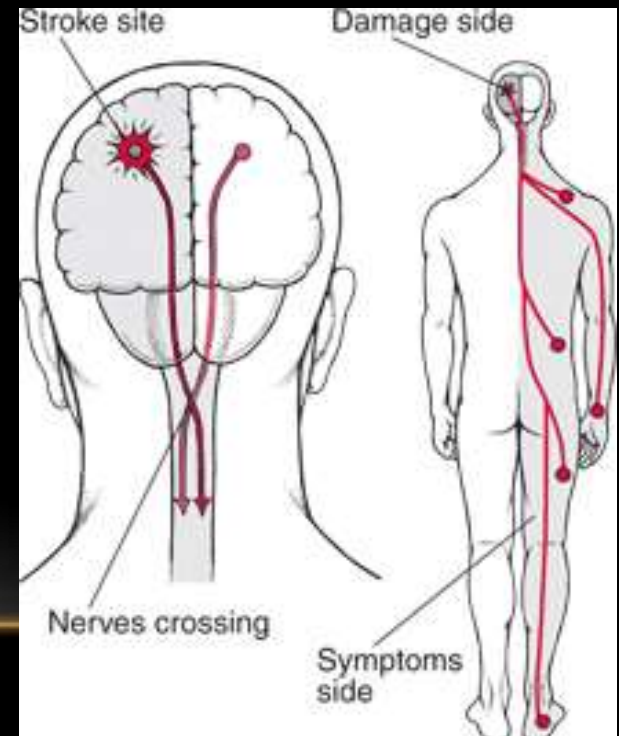
G E J A L A S T R O K E

- P u s i n g b e r p u t a r (t i d a k h a r u s m e r u p a k a n g e j a l a s t r o k e)



G E J A L A S T R O K E

- G a n g g u a n r a s a (b a a l a t a u k e s e m u t a n)
s e p a r u h b a d a n



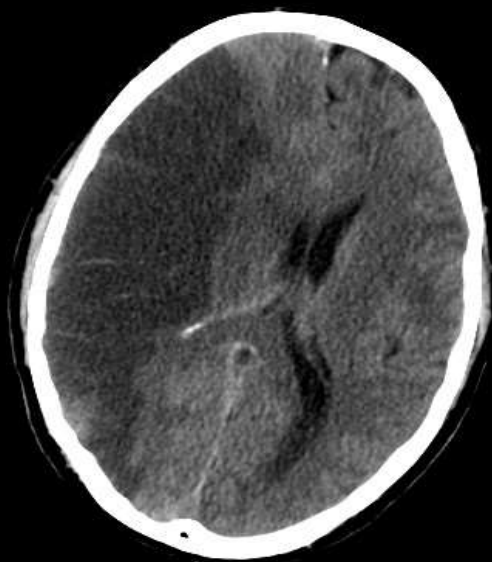
B I L A A D A G E J A L A S T R O K E

- S e g e r a k e R S



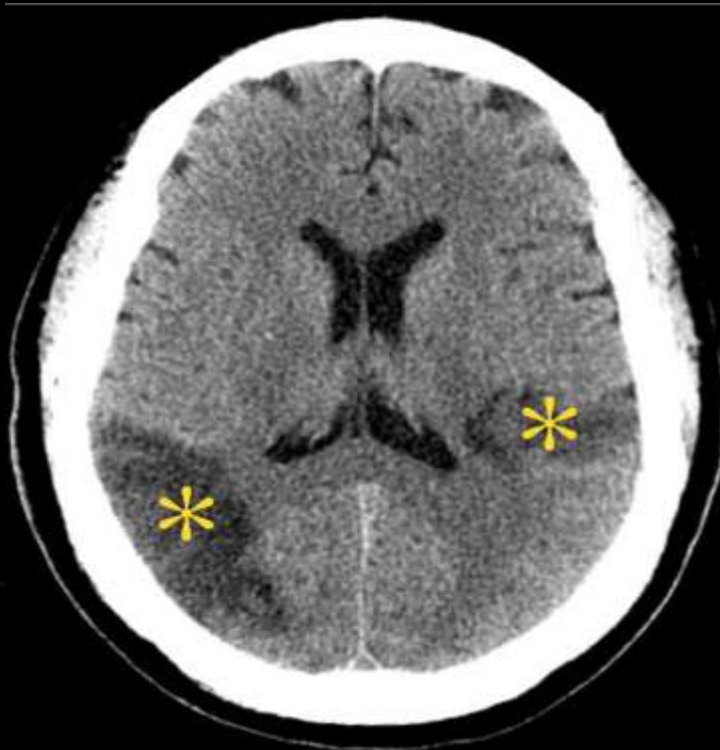
C T S C A N U N T U K S T R O K E

- M e m a s t i k a n j e n i s s t r o k e



M R I U N T U K S T R O K E

- J e n i s , u k u r a n , d a m p a k s t r o k e



P E R A W A T A N S T R O K E

- U n i t s t r o k e y a n g k h u s u s m e r a w a t p a s i e n s t r o k e



H A R I S T R O K E S E D U N I A

- 2 9 o k t o b e r
- S e b u a h h a r i d e n g a n p e s a n " s t r o k e d a p a t d i c e g a h , d a n s t r o k e d a p a t d i o b a t i "



H A R I S T R O K E S E D U N I A 2 0 1 1

- 1 d i a n t a r a 6 o r a n g a k a n t e r k e n a s t r o k e s e l a m a h i d u p n y a



The poster features a large graphic of the number '1' above the word 'in' and a large number '6' below it, forming the fraction '1 in 6'. The '1' and '6' are black, while the 'in' is blue. The background shows a collage of diverse people's faces. To the right of the '1 in 6' graphic, the text reads: 'people worldwide will have a stroke in their lifetime. IT COULD BE YOU!'. At the bottom left, there is a logo for World Stroke Day 2010, the date 'October 29, 2010', and the website 'WWW.WORLDSTROKECAMPAIGN.ORG'. At the bottom right, there are logos for WHO, AFRO, and AHA/ASA.

1
in
6

people
worldwide
will have a
stroke
in their
lifetime.
IT COULD BE YOU!

World Stroke Day 2010
October 29, 2010

JOIN THE CAMPAIGN TO PREVENT STROKE NOW!
WWW.WORLDSTROKECAMPAIGN.ORG

WHO AFRO AHA/ASA

C E G A H S T R O K E

- K u r a n g i k o n s u m s i g a r a m b e r l e b i h



C E G A H S T R O K E

- D i e t k a y a s e r a t



C E G A H S T R O K E

- K u r a n g i k o n s u m s i l e m a k j e n u h



C E G A H S T R O K E

- O l a h r a g a



C E G A H S T R O K E

- T u r u n k a n b e r a t b a d a n b e r l e b i h



C E G A H S T R O K E

- B e r h e n t i m e r o k o k



C E G A H S T R O K E

- H i n d a r i s t r e s s



I N F O R M A S I L E B I H L A N J U T

- H u b u n g i t i m s t r o k e R S B e t h e s d a
Y o g y a k a r t a
- <http://www.strokebethesda.com>
- H o t l i n e : (0 2 7 4) 5 2 1 2 5 3
(0 2 7 4) 5 6 2 2 4 6 (1 7 7 5)

S E M I N A R S T R O K E

- H a r i / T g l : S a b t u , 4 J u n i 2 0 2 2
- P u k u l : 0 8 . 0 0 – 1 2 . 0 0 W i b
- T e m p a t : R u a n g P e t r o n e l l a R S
B e t h e s d a
- I n f o r m a s i P e n d a f t a r a n H u b u n g i H u m a s
R S B e t h e s d a